

**Home Remedies.** Hodie said:

**For a cold.** When we got a cold, Grandmother would get turpentine. She'd burn it. It would crystallize on top. It was thin. We'd suck it for sore throats.

The green of the pine tree. Steep it into a tea for a cold. We also had sassafras [bark] tea.

Asafetida. We'd put it in a little bag with a string and wear it around our neck all winter to help with a cold or other germs we'd get. It looked like gum and came in a little packet. We'd put it in something like a tobacco bag, about 2 inches long.

Some people took a teaspoon of sugar and dropped some drops of turpentine on it for a sore throat or a cold.

**Chiggers.** For chiggers we used a type of oil.

**Toothache.** People smoked tobacco in a pipe for a toothache. I did that once and it made me sick, so I never tried that again.

**Swelling.** Bathe it in vinegar. Pour some vinegar in the pan of water. Put a cloth in the pan and let it [the vinegar-water solution] in then lay the cloth on the swelling.

**Wasp stings.** Wet tobacco and lay it on the sting.

**Doctors.** Hodie said:

Grandmother never went to the doctor. She bought a bottle of some medicine that she said would "keep the worms out of us." Every April, early spring, Grandmother gave us Quinine and then followed with a round of Caster oil to clean our systems out.

When Hodie's family used a doctor, most of the time they went to Huntsville to Dr. Scruggs. Sometimes he would "come out." Dr. Scruggs is pictured on page 162.

## **The Depression**

When asked if her grandparents had gone through a hard time during the Depression years, Hodie replied:

No. They would make molasses and made a lot of their own food. [They] had a smokehouse near the kitchen.